




CRESSKILL HIGH SCHOOL – APRIL 2024



AVAILABLE DAILY

Monday 1	SPRING BREAK	SCHOOL CLOSED	SPRING BREAK	 <p>Made-to-Order Deli Bar Assorted Grab & Go Sandwiches</p> <p>Pizzeria Pizza</p>  <p>◆ Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun</p> <p>◆ Mediterranean Bento Box – Hummus with Fresh Vegetables & Pita Chips ◆ Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces</p>  <p>FRESH FARMSTAND</p> <p>Farm Fresh Salad Bar Assorted Grab & Go Salad Specials <i>Assorted salad selections offered with a Roll</i></p>
Tuesday 2		SPRING BREAK		
Wednesday 3		SCHOOL CLOSED		
Thursday 4	SPRING BREAK		SPRING BREAK	
Friday 5		SCHOOL CLOSED		

Vegetarian Entrées in Green

◆ = Featured Favorite Lunch

A complete meal includes: Entrée with Protein/Grain, Servings of Fruit/Vegetable & a Choice of Milk.
Also available daily: Assorted cold beverages, homemade soups, fresh & chilled fruit bowl & bread basket.
Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.





FOOD ALLERGIES



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Monday 8	BBQ Chicken & Swiss Panini	Buffalo Chicken Sliders on Buns	◆ Pasta & Jersey Fresh Marinara Sauce with Cheese	 Made-to-Order Deli Bar Assorted Grab & Go Sandwiches Pizzeria Pizza  ◆ Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun ◆ Mediterranean Bento Box – Hummus with Fresh Vegetables & Pita Chips ◆ Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces   Farm Fresh Salad Bar Assorted Grab & Go Salad Specials Assorted salad selections offered with a Roll
Tuesday 9	Crispy Chicken on a Bun with Lettuce & Tomato	◆ Grilled Swiss Cheese & Broccoli on Rye Bread	Cavatappi Pasta with Marinara and Sausage	
Wednesday 10	◆ Chicken Arizona - Grilled Chicken, Roasted Red Peppers, Melted Provolone Cheese & Honey Mustard on a Kaiser Roll	Cheesesteak Hero with Bacon & Fried Onions	Bow-Tie Pasta with Meatballs & Jersey Fresh Marinara Sauce	
Thursday 11	Fiesta Macaroni & Cheese	Chicken Bowl - Mashed Potatoes topped with Corn, Boneless Chicken Wings, Cheddar Cheese & Gravy with a Roll	◆ Pasta Salad with Veggies, Cheese & Bread	
Friday 12	◆ Chipotle Chicken on a Brioche Roll	◆ Fresh Grilled Chicken on a Whole Wheat Kaiser Roll	◆ Whole Grain Penne with Cheese, Sun-Dried Tomatoes & Garlic	

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Monday 15	◆ Sweet Sriracha Chili Chicken & Rice Bowl	◆ Falafel Bowl - Brown Rice topped with Lettuce, Tomatoes & Veggies with Falafel & Tzatziki Sauce	◆ Penne with Broccoli, Cheese, Garlic & Oil	<div style="display: flex; flex-direction: column; align-items: center;"> <div style="display: flex; justify-content: space-between; width: 100%;"> <div style="text-align: center;">  <p>Made-to-Order Deli Bar Assorted Grab & Go Sandwiches</p> </div> <div style="text-align: center;">  <p>Pizzeria Pizza</p> </div> </div> <div style="display: flex; justify-content: space-between; width: 100%; margin-top: 20px;"> <div style="text-align: center;">  <ul style="list-style-type: none"> ◆ Chicken Tenderloins ◆ Crispy Chicken Patty Sandwich ◆ Burgers on Buns ◆ Mozzarella Sticks ◆ Chicken Nuggets ◆ Plant-Based Tenders ◆ Garden Burger on a Bun </div> <div style="text-align: center;">  <ul style="list-style-type: none"> ◆ Mediterranean Bento Box – Hummus with Fresh Vegetables & Pita Chips ◆ Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes ◆ Assorted Pastas & Sauces </div> </div> <div style="display: flex; justify-content: space-between; width: 100%; margin-top: 20px;"> <div style="text-align: center;">  <p>Farm Fresh Salad Bar Assorted Grab & Go Salad Specials <i>Assorted salad selections offered with a Roll</i></p> </div> </div> </div>
Tuesday 16	Turkey & Mozzarella on Garlic Bread	Grilled Cheese & Tomato Panini	Pasta with Pink Sauce & Shredded Mozzarella Cheese	
Wednesday 17	3-D Burger on a Bun	◆ Grilled Fresh Chicken Pesto Hero	◆ Stuffed Shells Parmesan with Garlic Bread	
Thursday 18	Beef, Salsa Roja & Cheese Tamale	Grilled Ham & Cheese on Texas Toast	◆ Soba Noodle Vegetable Salad (with optional Grilled Chicken)	
Friday 19	◆ Fresh Roasted Chicken over Rice	◆ Balsamic Roasted Portobello Mushroom with Pesto & Roasted Red Pepper on a Kaiser Roll	◆ Penne Alfredo with Broccoli	

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Monday 22	Sorghum Tabbouleh with Farmers Market Cookie	Turkey BLT on a Hero Roll	Cacio e Pepe (Cheese & Pepper) Pasta	 <p>Made-to-Order Deli Bar Assorted Grab & Go Sandwiches</p> <p>Pizzeria Pizza</p>  <p>◆ Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun</p> <p>◆ Mediterranean Tabbouleh Bento Box – Hu with Fresh Vegetables & Pita Chips ◆ Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces</p>  <p>FRESH FARMISTAND Farm Fresh Salad Bar Assorted Grab & Go Salad Specials Assorted salad selections offered with a Roll Local Gold Rush Apples Parmesan Spinach Couscous</p>
Tuesday 23	◆ Fresh Chicken & Cheddar Cheese Quesadilla	Local Spinach , Mozzarella & Tomato Panini	◆ Penne with Spicy Jersey Fresh Marinara Sauce & Cheese	
Wednesday 24	Fish & Chips - Battered Fish Fillet with Sweet Potatoes, Tartar Sauce & a Roll	Bacon Cheeseburger on a Bun	◆ Spaghetti with Jersey Fresh Meat Sauce	
Thursday 25	Baked Potato with Broccoli, Cheddar Cheese & Bread	Chicken, Salsa Verde & Cheese Tamale	◆ Homemade Baked Ziti with Jersey Fresh Marinara Sauce & Ricotta Cheese	
Friday 26	Eggplant Parm Hero	Cheesesteak Sandwich with Peppers & Onions	◆ Chicken & Vegetable Lo Mein	

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Monday 29	Chicken BLT Sliders on Buns	Monte Cristo Sandwich	◆ Whole Grain Penne with Jersey Fresh Meat Sauce	 Made-to-Order Deli Bar Assorted Grab & Go Sandwiches Pizzeria Pizza  ◆ Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun ◆ Mediterranean Bento Box – Hummus with Fresh Vegetables & Pita Chips ◆ Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces   Farm Fresh Salad Bar Assorted Grab & Go Salad Specials Assorted salad selections offered with a Roll Homemade Local Applesauce
Tuesday 30	◆ Cheese Stuffed Shells with Marinara Sauce & Mozzarella Cheese	Spicy Barbecue Chicken Wrap with Lettuce & Tomato	◆ Pasta Marinara with Cheese & Bread	
Wednesday 1	◆ Chicken & Vegetable Stir-Fry over Rice <i>(Vegetarian alternate available)</i>	Grilled Mozzarella with Tomato on Whole Grain Bread	◆ Homemade Baked Ziti with Jersey Fresh Marinara Sauce & Ricotta Cheese	
Thursday 2	Baked Potato Bar with choice of Seasoned Taco Meat, Broccoli, Tomato, Cheese & Sour Cream <i>(Vegetarian options available)</i>	◆ Roasted Chicken with Rice	◆ Rainbow Rotini with Broccoli, Tomatoes & Cheese	
Friday 3	◆ Chicken Empanadas with Rice	Corned Beef Reuben	Macaroni & Cheese	

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